

Totaaluitslag				Zwemmen	Wissel Zwem Fietsen	Fietstijd	Wissel Fietsen Lopen	Looptijd	Totaattijd	
1	Henk Jan Dolsma	24+	GRONINGEN	M	0:03:36	00:00:31	00:16:30	0:00:30	0:09:50	00:30:57
2	Jacob Veenstra	24+	GRONINGEN	M	0:03:42	00:00:32	00:16:28	0:00:37	0:09:52	00:31:11
3	André Aanstoot	24+	HOLTEN	M	0:03:37	00:00:31	00:16:37	0:00:35	0:10:01	00:31:21
4	Karst Venema	24+	GRONINGEN	M	0:03:27	00:00:31	00:16:46	0:00:39	0:10:07	00:31:30
5	Tim Stoffelsma	24+	GRONINGEN	M	0:03:50	00:00:30	00:17:20	0:00:35	0:09:19	00:31:34
6	Thijs Hagelstein	20+	VEENENDAAL	M	0:03:13	00:00:33	00:16:06	0:00:40	0:11:05	00:31:37
7	Sep Thijssen	24+	NIJMEGEN	M	0:05:03	00:00:51	00:16:23	0:00:22	0:09:47	00:32:26
8	Sven Duits	24+	AMERSFOORT	M	0:04:27	00:00:53	00:17:08	0:00:42	0:09:33	00:32:43
9	Martine Bruinsma	24+	GRONINGEN	V	0:03:38	00:00:30	00:17:33	0:00:37	0:11:03	00:33:21
10	Bart-Jan van Barneveld	24+	WEESP	M	0:04:20	00:00:51	00:17:11	0:00:45	0:10:26	00:33:33
11	Geert-Jan Vos	24+	ZWOLLE	M	0:04:09	00:00:33	00:16:25	0:01:06	0:11:28	00:33:41
12	Marten van der Veen	40+	DEVENTER	M	0:04:46	00:00:35	00:17:11	0:00:54	0:10:34	00:34:00
13	Adriaan Kleinhout	24+	NIJMEGEN	M	0:04:37	00:00:47	00:16:33	0:00:59	0:11:30	00:34:26
14	Hendri Timmerman	40+	DEVENTER	M	0:04:50	00:01:00	00:16:37	0:01:01	0:11:07	00:34:35
15	Robert Jaagt	20+	KLAZIENAVEEN	M	0:04:09	00:00:59	00:18:28	0:00:46	0:10:28	00:34:50
16	Kevin Spruijt	20+	DEVENTER	M	0:03:30	00:01:06	00:16:33	0:01:05	0:12:43	00:34:57
17	Ronald Mosterd	24+	HEINO	M	0:04:48	gemist	00:16:58	0:00:58	0:12:26	00:35:10
18	Bas van Brugge	40+	EEFDE	M	0:04:21	00:00:50	00:17:56	0:00:42	0:11:24	00:35:13
19	Joost van den Broek	20+	UTRECHT	M	0:04:39	00:01:06	00:18:44	0:00:29	0:10:21	00:35:19
20	Menno Klunder	40+	DEVENTER	M	0:05:05	00:01:03	00:17:05	0:00:47	0:11:35	00:35:35
21	Rick Tuinman	24+	DEVENTER	M	0:04:31	00:00:49	00:17:49	0:00:56	0:12:21	00:36:26
22	Renate Post	24+	KLAZIENAVEEN	V	0:04:44	00:00:41	00:18:10	0:00:53	0:12:00	00:36:28
23	Ruud Tuitert	24+	HOLTEN	M	0:04:12	00:00:37	00:19:20	0:01:26	0:11:11	00:36:46
24	Gerben Pinkert	24+	BATHMEN	M	0:04:02	00:00:34	00:19:41	0:00:41	0:11:55	00:36:53
25	Corina van Leijen	24+	RHENEN	V	0:03:40	00:00:55	00:19:15	0:00:58	0:12:08	00:36:56
26	Herman Broekhuis	40+	DEVENTER	M	0:05:37	00:01:55	00:16:41	0:01:28	0:11:19	00:37:00
27	Rick Moezelaar	40+	RUURLO	M	0:04:55	00:00:51	00:19:29	0:00:26	0:11:25	00:37:06
28	Hans Blekkenhorst	40+	HELLEDOORN	M	0:05:34	00:00:57	00:18:40	0:01:22	0:10:48	00:37:21
29	Ron Stet	40+	DEVENTER	M	gemist	gemist	gemist	gemist	gemist	00:37:58
30	Ruben Slot	14+	DALFSEN	M	0:04:38	00:00:57	00:19:24	0:01:07	0:11:55	00:38:01
31	Jeroen Koot	40+	SCHLAKHAAR	M	0:04:52	00:01:26	00:18:37	0:01:08	0:12:01	00:38:04
32	Dylan Spenkelink	18+	HOLTEN	M	0:04:48	00:01:30	00:18:50	0:01:02	0:11:57	00:38:07
33	Susan Boode	24+	HOLTEN	V	0:04:55	00:00:39	00:19:05	0:00:24	0:13:11	00:38:14
34	R Lokate	24+	HEETEN	M	0:05:18	00:01:47	00:19:30	0:00:31	0:11:22	00:38:28
35	Jelte Jansen	18+	HOLTEN	M	0:04:26	00:00:35	00:19:01	0:00:45	0:13:42	00:38:29
36	Paul Slot	40+	DALFSEN	M	0:04:47	00:00:56	00:19:09	0:01:01	0:12:59	00:38:52
37	Oscar Kok	14+	DEVENTER	M	0:04:31	00:01:13	00:19:21	0:00:31	0:13:33	00:39:09
38	Annemarie Rustenburg	24+	TOLLEBEEK	V	0:05:04	00:00:48	00:19:48	0:00:30	0:13:01	00:39:11
39	Jacob De Olde	24+	DIEPENVEEN	M	0:04:50	00:01:06	00:17:59	0:01:50	0:13:45	00:39:30
40	Sander Haan	24+	HOLTEN	M	0:05:21	00:00:56	00:19:49	0:00:54	0:12:39	00:39:39
41	Winni Jansen	40+	ALMERE	V	0:05:30	00:01:03	00:18:17	0:00:57	0:14:01	00:39:48
42	Henrie van Dijk	40+	DEVENTER	M	0:05:11	00:01:25	00:18:45	0:01:57	0:12:31	00:39:49
43	Ronald Kwint	40+	DEVENTER	M	0:06:14	00:01:08	00:19:08	0:00:54	0:12:32	00:39:56
44	Alfred Kaal	40+	DEVENTER	M	0:05:43	00:01:14	00:20:09	0:01:09	0:11:52	00:40:07
45	Nick Schoolkate	20+	HOLTEN	M	0:04:40	00:01:25	00:19:53	0:00:50	0:13:37	00:40:25
46	Frank Nijkamp	40+	ZWOLLE	M	0:05:42	00:01:21	00:19:01	0:01:44	0:13:01	00:40:49
47	Lars de Groot	24+	DEVENTER	M	0:05:15	00:02:04	00:18:14	0:01:31	0:13:53	00:40:57
48	Floor Weusthof	24+	AMERSFOORT	V	0:04:56	00:00:59	00:21:47	0:01:16	0:12:26	00:41:24
49	Gemma Groenewoudt	24+	DEVENTER	V	0:06:49	00:00:56	00:19:02	0:00:59	0:13:40	00:41:26
50	Jan Arend Buxtorff	40+	DEVENTER	M	0:06:03	00:01:49	00:20:34	0:00:42	0:12:25	00:41:33
51	Ann De Haes	40+	DOORWERTH	V	0:06:01	00:02:09	00:20:09	0:01:16	0:12:12	00:41:47
52	Irene Roding	20+	NIJMEGEN	V	0:05:49	00:01:39	00:18:53	0:01:26	0:14:16	00:42:03
53	Sander van der Meer	16+	DEVENTER	M	0:06:47	00:03:08	00:18:32	0:01:38	0:12:15	00:42:20
54	Karin Gouw-Billeveld	40+	ZEEWOLDE	V	0:05:49	00:01:45	00:20:09	0:01:02	0:13:35	00:42:20
55	Anita Ampmeijer-Klomps	40+	APELDOORN	V	0:06:05	00:02:13	00:19:52	0:01:42	0:12:31	00:42:23
56	Stéphane Ramuzat	40+	LOCHEM	M	0:05:42	00:02:00	00:19:25	0:01:22	0:14:01	00:42:30
57	Thirza Stiphout	24+	VEENENDAAL	V	0:06:13	00:01:17	00:20:01	0:01:17	0:13:43	00:42:31
58	Anika Klunder	24+	UTRECHT	V	0:04:33	00:02:14	00:23:32	0:00:33	0:11:41	00:42:33
59	Milou Berends	16+	DEVENTER	V	0:06:21	00:02:20	00:20:52	0:01:20	0:11:50	00:42:43
60	Mike Lehnkering	24+	ZEVENAAR	M	0:04:35	00:01:41	00:21:03	0:01:26	0:14:15	00:43:00
61	Gerson Burgers	24+	DEVENTER	M	0:04:56	00:01:55	00:20:12	0:02:18	0:13:44	00:43:05
62	Monique van der Meij	40+	BATHMEN	V	0:05:37	00:01:46	00:21:11	0:01:23	0:13:31	00:43:28
63	Gert Nijland	40+	DEVENTER	M	0:05:48	00:01:36	00:20:09	0:01:21	0:14:52	00:43:46
64	Catelijne Hol	40+	APELDOORN	V	0:06:37	00:01:50	00:19:46	0:01:25	0:14:50	00:44:28
65	Ingrī Imenkamp	24+	LAREN	V	0:06:06	00:01:40	00:21:31	0:00:37	0:14:39	00:44:33
66	Erik Lokhorst	24+	LELYSTAD	M	0:05:30	00:02:18	00:19:17	0:01:43	0:15:59	00:44:47
67	Lotte de Brouwer	24+	APELDOORN	V	0:06:53	00:01:41	00:22:59	0:00:28	0:13:51	00:44:52
68	Charlotte Bekken	40+	ZUTPHEN	V	0:06:28	00:01:39	00:20:50	0:01:53	0:14:11	00:45:01
69	Debbie Wijman	40+	EMMELOORD	V	0:05:01	00:01:15	00:22:19	0:01:23	0:15:15	00:45:13
70	Elmer van Veenendaal	24+	NIEUWEGEIN	M	0:06:40	00:04:19	00:22:28	0:00:46	0:11:01	00:45:14
71	Rene Visser	24+	DEVENTER	M	0:06:15	00:03:10	00:21:10	0:00:57	0:13:48	00:45:20
72	Femke Vos	18+	DE STEEG	V	0:06:18	00:00:47	00:21:40	0:00:34	0:16:09	00:45:28
73	Aschwin Platenkamp	24+	DEVENTER	M	0:05:57	00:02:54	00:22:16	0:00:58	0:13:27	00:45:32
74	Karin Oosterhuis	40+	DEVENTER	V	0:06:16	00:01:26	00:23:18	0:01:05	0:14:01	00:46:06
75	Annemiek Grefhorst	40+	VAASSEN	V	0:04:35	00:02:57	00:23:07	0:00:52	0:14:39	00:46:10
76	Marlies Brandt	40+	DEVENTER	V	0:06:20	00:01:32	00:22:06	0:01:51	0:14:32	00:46:21
77	Ellen van Diemen	40+	APELDOORN	V	0:06:08	00:02:10	00:22:15	0:01:25	0:14:43	00:46:41
78	Esther Beekman-Klein	40+	ZEEWOLDE	V	0:06:39	00:02:20	00:21:59	0:01:31	0:14:55	00:47:24
79	Ingrid van Berkel	40+	ELLECOM	V	0:06:55	00:01:08	00:20:21	0:00:49	0:18:11	00:47:24
80	Maike Verhagen	24+	DEVENTER	V	0:05:16	00:02:59	00:23:16	0:01:02	0:15:18	00:47:51
81	Larbi el Ouahbi	40+	DEVENTER	M	0:08:13	00:02:31	00:25:29	0:00:37	0:11:29	00:48:19
82	Elmi Roelofszen	24+	VAASSEN	V	0:04:01	00:02:37	00:25:07	0:01:29	0:15:12	00:48:26
83	Melanie Gerdes	40+	ARNHEM	V	0:07:14	00:02:52	00:23:18	0:00:40	0:14:34	00:48:38
84	Ineke van Aken	40+	DEVENTER	V	0:06:01	00:01:12	00:23:28	0:02:01	0:16:39	00:49:21
85	Pascale Robot	40+	ZEVENAAR	V	gemist	gemist	00:21:55	gemist	0:28:54	00:50:49
86	Youri Gerritse	24+	UTRECHT	M	0:07:46	00:01:45	00:26:27	0:00:35	0:16:22	00:52:55
87	Linde Davelaar	24+	DEVENTER	V	0:07:30	00:03:20	00:22:56	0:01:38	0:18:14	00:53:38
88	Marian Verweij	40+	APELDOORN	V	0:05:37	00:02:22	00:24:25	0:00:58	0:20:38	00:54:00
89	Marloes Broshuis	24+	DEVENTER	V	0:06:55	00:03:01	00:25:14	0:01:02	0:17:54	00:54:06
90	Marcel Dekker	24+	SCHALKHAAR	M	0:06:39	00:01:11	00:24:36	0:00:44	0:22:12	00:54:22
91	Esther van der Zouw	40+	APELDOORN	V	0:09:20	00:02:13	00:22:11	0:02:30	0:21:10	00:57:24